

Dr Tegan Cruwys

Australian Research Council DECRA Fellow
Lecturer & Clinical Psychologist

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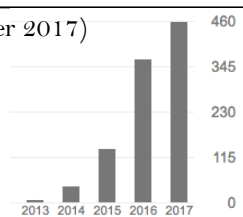
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Curriculum Vitae 28 November 2017

I am a clinical and social psychologist with a particular interest in how social relationships shape health. My research agenda is concerned both with advancing theoretical understanding of the social determinants of health, and with translational impact that improves outcomes for vulnerable communities.

Google Scholar (28 November 2017)

Citation indices	All	Since 2012
Citations	1037	1036
h-index	16	16
i10-index	20	20



Qualifications

- 2013 **Combined Doctor of Philosophy/Master of Clinical Psychology** at The Australian National University (ANU) under the supervision of Professor Don Byrne, Professor Michael Platow, and Associate Professor Elizabeth Rieger, entitled *A social identity analysis of disordered eating behaviour*.
- 2009 **Bachelor of Philosophy (Honours)(Science)** at the ANU. A requirement of this advanced research-focused degree was the maintenance of a High Distinction average across all undergraduate courses as well as first class Honours.

Academic Positions

- 2016 – 2019 **Discovery Early Career Research Award (DECRA) Fellow** at the University of Queensland (UQ). This prestigious three-year fellowship is funded by the Australian Research Council for an independent research project entitled *Does shared group membership increase social risk taking?*
- 2014 – ongoing **Lecturer in Psychology** at UQ, a continuing research and teaching position with responsibilities for the Master of Psychology program. I was appointed as a Lecturer in 2014 and confirmed in 2017. I am seconded from this position while I complete my DECRA fellowship.
- 2012 –2014 **Postdoctoral Research Fellow** at UQ, on the Australian Research Council Laureate project: *Responding to the challenges of identity change: An advanced social identity approach to issues of leadership, health and wellbeing* held by Professor S. Alexander Haslam.
- 2011 – 2012 **Research Assistant** at the Centre for Research and Action in Public Health, University of Canberra, on the government funded project: *Marginalised Australians: Telling their stories*. This project involved analysing a nationally representative longitudinal dataset to identify the predictors of improved outcomes for disadvantaged people, focusing on social and health variables. The outcome of this project was a commissioned government report and a meeting with Chief Minister Andrew Barr to discuss strategies to increase social inclusion in the ACT.
- 2006 – 2012 **Research Assistant** at the Research School of Psychology, ANU. In this role I contributed to five separate research programs over six years. I conducted literature reviews, designed and implemented experimental projects, administered surveys in schools, interviewed clinical psychologists and laypeople, and entered, coded, and analysed both quantitative and qualitative data.

- 2008 – 2011 **Academic Tutor** of undergraduate psychology at the ANU. This position required me to lead two or three hour tutorials of 20 students and included activities such as lecturing on course material, facilitating discussion, and distributing and marking assessment. I tutored in all topic areas of undergraduate psychology, including social psychology, abnormal psychology, and statistics.
- 2009 **Teaching Assistant** for undergraduate social psychology at the ANU (enrolment of 200+ students). This role required extensive contact and mediation with students, tutors and lecturers. Duties included developing content for tutorials, finalising student grades and negotiating extensions and alternative assessment.

Academic Publications

Students and research assistants under my supervision are underlined. Citation data from Google Scholar 28 November 2017.

Journal Articles:

- Cruwys, T.**, Wakefield, J. R. H., Sani, F., Dingle, G. A., & Jetten, J. (in press, accepted 8/11/2017). Social isolation predicts frequent attendance in primary care. *Annals of Behavioral Medicine*. (IF: **3.0**).
- Saeri, A. K., **Cruwys, T.**, Barlow, F. K., Stronge, S. & Sibley, C. G. (in press, accepted 11/07/2017). Social connectedness improves public mental health: Investigating bidirectional relationships in the New Zealand Attitudes and Values Survey. *Australian and New Zealand Journal of Psychiatry*. (IF: **4.0**, cites: **1**)
- Jetten, J., Haslam, S. A., **Cruwys, T.**, Haslam, C., Greenaway, K. H. & Steffens, N. K. (2017). Advancing the social identity approach to health and well-being: Developing the social cure research agenda. *European Journal of Social Psychology*, *47*, 789-802. (IF: **1.9**)
- Webb, H., Lin, H., Jones, B. M., McNeill, K., Lim, L. ... & **Cruwys, T.** (2017). Smoke signals: The decline of brand identity and smoking behaviour following the introduction of plain packaging. *Addictive Behaviours Reports*, *5*, 49-55.
- Finch, E. C., Foster, M., Fleming, J. M., Aitken, P., Williams, I. **Cruwys, T.**, & Worrell, L. (2017). Undetected and underserved: The untold story of patients who have had a minor stroke. *Medical Journal of Australia*, *206*, 337-338. (IF: **4.1**)
- Seymour-Smith, M., **Cruwys, T.**, Haslam, S. A. & Brodribb, W. (2017). Loss of group memberships predicts depression in postpartum mothers. *Social Psychiatry and Psychiatric Epidemiology*, *52*, 201-210. (IF: **2.9**, cites: **4**)
- Praharso, N. F., Tear, M. J. & **Cruwys, T.** (2017). Stressful life transitions and wellbeing: A comparison of the stress buffering hypothesis and the social identity model of identity change. *Psychiatry Research*, *247*, 265-275. (IF: **2.5**, cites: **3**)
- Chang, M. X-L., Jetten, J., **Cruwys, T.** & Haslam, C. (2017). Cultural identity and the expression of depression: A social identity perspective. *Journal of Community and Applied Social Psychology*, *27*(1), 16-34. (IF: **1.6**, cites: **5**)
- Cruwys, T.**, Steffens, N. K., Haslam, S. A., Haslam, C., Jetten, J. & Dingle, G. A. (2016). Social Identity Mapping (SIM): A procedure for visual representation and assessment of subjective multiple group memberships. *British Journal of Social Psychology*, *55*, 613-642. (IF: **1.8**, cites: **8**)
- Steffens, N. K., Jetten, J., Haslam, C., **Cruwys, T.** & Haslam, S. A. (2016). Multiple social identities enhance health post-retirement because they are a basis for giving social support. *Frontiers in Psychology*, *7*, 1519. (IF: **2.5**, cites: **5**)
- Cruwys, T.**, Platow, M. J., Rieger, E., Byrne, D. G. & Haslam, S. A. (2016). The social psychology of disordered eating: The Situated Identity Enactment model. *European Review of Social Psychology*, *27*(1), 160-195. (IF: **1.6**, cites: **1**)

- Chang, M.X-L., Jetten, J., **Cruwys**, T., Haslam, C., & Praharso, N. (2016). The more (social group memberships), the merrier: Is this the case for Asians? *Frontiers in Psychology*, 7, 1001. (IF: **2.5**, cites: **5**)
- Cruwys**, T., Leverington, C. T., & Sheldon, A. M. (2016). An experimental investigation of the consequences and social functions of fat talk in friendship groups. *International Journal of Eating Disorders*, 49, 84-91. (IF: **4.1**, cites: **5**)
- Steffens, N. K., **Cruwys**, T., Haslam, C., Jetten, J. & Haslam, S. A. (2016). Social group memberships in retirement are associated with reduced risk of premature death: Evidence from a longitudinal cohort study. *BMJ Open*, 6, e010164. (IF: **2.6**; cites: **16**)
- Cruwys**, T. & Gunaseelan, S. (2016). "Depression is who I am": Mental illness identity, stigma, and wellbeing. *Journal of Affective Disorders*, 189, 36-42. (IF: **3.6**, cites: **19**)
- Haslam, C., **Cruwys**, T., Haslam, S. A., Dingle, G. A. & Chang, M. X-L. (2016). Groups 4 Health: Evidence that a social-identity intervention that builds and strengthens social group membership improves mental health. *Journal of Affective Disorders*, 194, 188-195. (IF: **3.6**, cites: **32**)
- Banas, K. **Cruwys**, T., de Wit, J. B. F., Johnston, M., & Haslam, S. A. (2016). When group members go against the grain: An ironic interactive effect of group identification and normative content on healthy eating. *Appetite*, 105, 344-355. (IF: **3.1**)
- Greenaway, K. H., **Cruwys**, T., Haslam, S. A. & Jetten, J. (2016). Social identities promote well-being because they satisfy global psychological needs. *European Journal of Social Psychology*, 46, 294-307. (IF: **1.9**, cites: **22**)
- Steffens, N. K., Gocłowska, M. A., **Cruwys**, T., & Galinsky, A. D. (2016). How multiple identities are associated with creativity. *Personality and Social Psychology Bulletin*, 42(2), 188-203. (IF: **2.6**; cites: **13**)
- Haslam, C., **Cruwys**, T., Milne, M., Kan, C. H. & Haslam, S. A. (2016) Group ties protect cognitive health by promoting social identification and social support. *Journal of Aging and Health*, 28(2), 244-266. (IF: **1.7**, cites: **16**)
- Dingle, G. A., **Cruwys**, T. & Frings, D. (2015). Social identities as pathways into and out of addiction. *Frontiers in Psychology*, 6, 1795. (IF: **2.5**; cites: **23**)
- Cruwys**, T., Bevelander, K. E. & Hermans, R. C. J. (2015). Social modeling of eating: A review of when and why social influence affects food intake and choice. *Appetite*, 86, 3-18. (IF: **3.1**, cites: **135**)
- Greenaway, K. H., Frye, M. & **Cruwys**, T. (2015). When aspirations exceed expectations: Quixotic hope increases depression among students. *PLOS ONE*, 10(9). e0135477. (IF: **3.2**, cites: **3**)
- Greenaway, K. H., Haslam, S. A., **Cruwys**, T., Branscombe, N. R., Ysseldyk, R., & Heldreth, C. (2015). From "we" to "me": Group identification enhances perceived personal control with consequences for health and wellbeing. *Journal of Personality and Social Psychology*, 109(1), 53-74. (IF: **5.1**; cites: **85**)
- Cruwys**, T., Greenaway, K. H. & Haslam, S. A. (2015). The stress of passing through an educational bottleneck: A longitudinal study of psychology honours students. *Australian Psychologist*, 50, 372-381. (IF: **0.7**; cites: **4**)
- Jetten, J., Branscombe, N.R., Haslam, S.A., Haslam, C., **Cruwys**, T., Jones, J.M., Cui, L., Dingle, G., Liu, J., Murphy, S. C., Thai, A., Walter, Z., & Zhang, A. (2015). Having a lot of a good thing: Multiple important group memberships as a source of self-esteem. *PLOS One*, 10(5), e0124609. (IF: **3.2**, cites: **51**)
- Cruwys**, T., Haslam, S. A., Fox, N. E. & McMahon, H. (2015). "That's not what we do": Evidence that normative change is a mechanism of action in group interventions. *Behaviour Research and Therapy*, 65, 11-17. (IF: **3.8**; cites: **22**)

- Dingle, G. A., Stark, C., **Cruwys**, T. & Best, D. (2015). Breaking good: Breaking ties with social groups may be good for recovery from substance misuse. *British Journal of Social Psychology*, *54*, 236-254. (IF: 1.8, cites: 56)
- Cruwys**, T., South, E. I., Greenaway, K. H. & Haslam, S. A. (2015). Social identity reduces depression by fostering positive attributions. *Social Psychological and Personality Science*, *6*(1), 65-74. (IF: 2.3; cites: 31)
- Haslam, C., **Cruwys**, T. & Haslam, S. A. (2014). "The we's have it": Evidence for the distinctive benefits of group engagement in enhancing cognitive health in ageing. *Social Science and Medicine*, *120*, 57-66. (IF: 2.8; cites: 39)
- Cruwys**, T., Haslam, S. A., Dingle, G. A., Jetten, J., Hornsey, M. J., Chong, E. M. D. & Oei, T. P. S. (2014). Feeling connected again: Interventions that increase social identification reduce depression symptoms in community and clinical settings. *Journal of Affective Disorders*, *159*, 139-146. (IF: 3.6; cites: 66)
- Oei, T. P. S., McAlinden, N. M. & **Cruwys**, T. (2014). Exploring mechanisms of change: The relationships between cognitions, symptoms, and quality of life over the course of group cognitive-behavior therapy. *Journal of Affective Disorders*, *168*, 72-77. (IF: 3.6; cites: 8)
- Cruwys**, T., Dingle, G. A., Hornsey, M. J., Jetten, J., Oei, T. P. S. & Walter, Z. C. (2014). Social isolation schema responds to positive social experiences: Longitudinal evidence from vulnerable populations. *British Journal of Clinical Psychology*, *53*, 265-280. (IF: 3.0; cites: 24)
- Cruwys**, T., Haslam, S. A., Dingle, G. A., Haslam, C. & Jetten, J. (2014). Depression and social identity: An integrative review. *Personality and Social Psychology Review*, *18*(3), 215-238. (IF: 9.4; cites: 130)
- Cruwys**, T., Dingle, G. A., Haslam, C., Haslam, S. A., Jetten, J. & Morton, T. A. (2013). Social group memberships protect against future depression, alleviate depression symptoms and prevent depression relapse. *Social Science and Medicine*, *98*, 179-186. (IF: 2.8; cites: 123)
- Skorich, D. P., Webb, H., Stewart, L., Kostyanaya, M., **Cruwys**, T., McNeill, K. Frain, A. J., Lim, L., Jones, B. M., Smyth, L. & O'Brien, K. J. (2013). Stereotype threat and hazard perception among provisional license drivers. *Accident Analysis and Prevention*, *54*, 39-45. (IF: 2.7, cites: 4)
- Cruwys**, T., Platow, M. J., Rieger, E. & Byrne, D. G. (2013). The development and validation of the Dieting Intentions Scale (DIS). *Psychological Assessment*, *25*(1), 264-278. (IF: 2.9; cites: 10)
- Cruwys**, T., Platow, M. J., Angullia, S. A., Chang, J. M., Diler, S. E., Kirchner, J. L., Lentfer, C. E., Lim, Y. J., Quarisa, A., Tor, V. W. L. & Wadley, A. L. (2012). Modeling of food intake is moderated by salient psychological group membership. *Appetite*, *58*(2), 754-757. (IF: 3.1, cites: 43)
- Cruwys**, T. & O'Kearney, R. (2008). Implications of neuroscientific evidence for the cognitive models of post-traumatic stress disorder. *Clinical Psychologist*, *12*(2), 67-76. (IF: 1.0, cites: 4)

Books:

- Haslam, C., Jetten, J., **Cruwys**, T., Dingle, G. A. & Haslam, S. A. (in press, submitted to publisher 5/10/2017). *The new psychology of health: Unlocking the social cure*. New York: Routledge Psychology Press.

Book Chapters:

- Jetten, J., Haslam, S. A., **Cruwys**, T. & Branscombe, N. R. (in press, accepted 15/08/2017). Social identity, stigma, and health. In B. Major, J.F. Dovidio, & B.G. Link. (Eds). *The Oxford Handbook of Stigma, Discrimination, and Health*. Oxford: Oxford University Press.
- Cruwys**, T., Gaffney, A., & Skipper, Y. (2017). Uncertainty in transition: The influence of group cohesion on learning. In K. I. Mavor, M. J. Platow, & B. Bizumic. (Eds.). *Self and Social Identity in Educational Contexts*. Abingdon: Routledge.

Haslam, S. A., Haslam, C., **Cruwys**, T., Jetten, J., Dingle, G. A. & Greenaway, K. H. (2017). Applying the Social identity approach in clinical and health domains. In S. A. Buckingham & D. Best. (Eds). *Addiction, Behaviour Change, and Social Identity: The Path to Resilience and Recovery*. Abingdon: Routledge. (cites: 1)

Haslam, C., **Cruwys**, T., Haslam, S. A., & Jetten, J. (2017) Social connectedness and health. In N. A. Pachana (Editor-in-Chief) *Encyclopedia of Geropsychology*. doi: 10.1007/978-981-287-080-3_46-1 (cites: 10)

Other Research Outputs:

Commissioned reports:

Cruwys, T., **Chang**, M., **Ferris**, L., & **Saeri**, A. K. (2017). *The Psychology of Schoolies: An investigation of risk taking, wellbeing, and social connections in attendees of Schoolies 2016*. Report commissioned by Department of Communities, Child Safety and Disability Services, Queensland Government. The University of Queensland, Australia.

Bramley, E., Buckingham, H., Eckley, B., Haslam, C., **Cruwys**, T. & **Chang**, M. X-L. (2017). *Let's get together: How activity groups help to build resilience and well-being*. Report commissioned by the Church Urban Fund, United Kingdom. <https://www.cuf.org.uk/lets-get-together>

Cruwys, T., Berry, H., Cassells, R., Duncan, A., O'Brien, L., Sage, B. & D'Souza, G. (2013). *Marginalised Australians: Characteristics and Predictors of Exit Across 10 Years 2001-2010*. Report commissioned by the ACT Government. University of Canberra, Australia. (cites: 5)

Scholarly media outputs:

Saeri, A. K., **Cruwys**, T., Barlow, F. K., Stronge, S. & Sibley, C. G. (2017). Are you part of a social group? Making sure you are will improve your health. *The Conversation*. <https://theconversation.com/are-you-part-of-a-social-group-making-sure-you-are-will-improve-your-health-81996>

Webb, H., Skorich, D.P.. & **Cruwys**, T. (2017). Goodbye glamour-puss and rugged hero: Smokers lose brand identity with plain cigarette packaging. *The Conversation*. <https://theconversation.com/goodbye-glamour-puss-and-rugged-hero-smokers-lose-brand-identity-with-plain-cigarette-packaging-73910>

Vartanian, L. & **Cruwys**, T. (2015). Self control or government regulation? Squaring the blame for overeating. *The Conversation*. <https://theconversation.com/self-control-or-government-regulation-squaring-the-blame-for-overeating-49499>

Cruwys, T., Haslam, S. A. & Dingle, G. A. (2014). The new group therapy. *Scientific American Mind*, 25, 60-63. (cites: 1)

Psychotherapy manuals:

Haslam, C., **Cruwys**, T., Dingle, G. A. & Haslam, S. A. (2015). *Groups 4 Health: Therapists' Manual*. Brisbane, Australia: Centre for Health Outcomes, Innovation & Clinical Education. ISBN: 978-0-9942844-0-2.

Haslam, C., **Cruwys**, T., Dingle, G. A. & Haslam, S. A. (2015). *Groups 4 Health: Workbook*. Brisbane, Australia: Centre for Health Outcomes, Innovation & Clinical Education. ISBN: 978-0-9942844-1-9.

Industry publications:

Dingle, G. A., **Cruwys**, T., Jetten, J., Johnstone, M. & Walter, Z. (2014). The benefits of participation in recreational group activities for adults at risk of homelessness. *Parity*, 27(6), 18-19. (cites: 3)

Selected Research Funding

- 2018 – 2020 **Rotary Mental Health Research Grant.** GROUPS 4 HEALTH: Can a social identity intervention reduce social isolation in young adults more effectively than traditional cognitive behaviour therapy? (\$135,291.76).
Collaborators: Catherine Haslam, Frances Dark, Victoria Gore-Jones.
- 2018 **University of Queensland Metro North Health and Hospital Services Research Collaboration Seeding Grants.** GROUPS 4 HEALTH: Building connectedness in transitioning home from care. (\$35,624)
Collaborators: Catherine Haslam, Jolanda Jetten, Maree Petersen, Nancy Pachana.
- 2016-2019 **Australian Research Council Discovery Early Career Research Award (DECRA).** Does shared group membership increase social risk-taking? (\$363,000)
- 2016-2018 **Australian Research Council Discovery Project.**
Adjusting to retirement through social identity change. Collaborators: Catherine Haslam, Nyla Branscombe, S. Alexander Haslam, Niklas Steffens, Nancy Pachana. (\$349,000)
- 2016 - 2017 **Safer Schoolies Initiative: Department of Communities, Child Safety and Disability Services, State of Queensland Government.**
Understanding the psychosocial dynamics of the Schoolies experience: A social identity perspective. (\$14,608)
- 2016 **University of Queensland Collaboration and Industry Engagement Fund.**
Cured or condemned? Mapping mild stroke outcomes and untreated deficits.
Collaborators: Emma Finch, Jennifer M. Fleming, Linda Worrell, Jonathan Corcoran and Yan Liu. (\$15,000).
- 2015 **Church Urban Fund, United Kingdom.**
Social identity and recreation. Collaborator: Catherine Haslam (£5,000)

Selected Awards and Scholarships

- 2017 Australian Psychological Society (APS) Early Career Research Award.
- 2016 Early Career Research Excellence Award from the UQ Faculty of Health and Behavioural Sciences (\$3,000).
- 2015 Innovation, Intervention and Outreach Award from the Housing Association Charities Trust (HACT; United Kingdom) (£3,000).
- 2012 Runner Up for the Outstanding Postgraduate Award from the Society of Australasian Social Psychologists (SASP).
- 2009 – 2012 ANU Vice-Chancellor's Doctoral Scholarship. This prestigious scholarship was offered each year to the highest-ranking PhD student in each College. (\$38,000 stipend + \$15,000 research funding per annum)
- 2008 ANU University Medal for Honours in Psychology.
- 2008 Australian Psychological Society (APS) Prize for Honours in Psychology.
- 2008 ANU Honours Scholarship for excellence at undergraduate level (\$5,000).

Teaching Experience

Course coordination and lecturing experience:

- 2017 **Foundations of Psychological Intervention.** PSYC7803; 6 x 8 hr workshops for postgraduate psychology students (UQ).
- 2015; 2016 **Public Health Psychology.** PSYC8017; 8 x 3 hr workshops for postgraduate psychology students (UQ).
- 2014; 2015 **Ethics and Professional Practice for Psychologists.** PSYC7809 and COUN7016; 6 x 8 hr workshops for postgraduate psychology and counselling students (UQ).
- 2011 **Social influence and eating behaviour.** PSYC3023; a research-intensive course for third-year undergraduate psychology students (ANU).

Invited guest lectures:

- 2016 **Motivational Interviewing.** PSYC7803 *Foundations of Psychological Intervention*; a 4 hour workshop for postgraduate psychology students (UQ).
- 2016 **The “B” of CBT.** PSYC7803 *Foundations of Psychological Intervention*; a 2 hour workshop for postgraduate psychology students (UQ).
- 2015; 2016 **Social influence and eating behaviour.** PSYC3132 *Health Psychology*. A 2 hour lecture for third-year undergraduate psychology students (UQ).
- 2013; 2014; 2015 **Social identity and mental health.** PSYC8111 *Clinical Health Psychology*; a 2 hour seminar for postgraduate psychology students (UQ).
- 2011 **Social influence.** PSYC3002 *Group Processes and Intergroup Relationships*; a 2 hour lecture for third-year undergraduate psychology students (ANU).
- 2010; 2011 **Social psychology and health.** PSYC2001 *Social Psychology*; a 2 hour lecture for second-year undergraduate psychology students (ANU).

Research Supervision

Completed supervision

Doctor of Philosophy, UQ:

- Dr Melissa Xue-Ling Chang (2017) *Social identity, culture, and the presentation of depression* (associate advisor).

Doctorate of Clinical Psychology, UQ:

- Dr Sathiavaani Gunaseelan (2015) *Is group membership always helpful? An analysis of group normative content in identifying with stigmatized groups.*

Master of Psychology, UQ:

- Laura Grace (2017): *The role of shared identity and disgust in the risk perception of individuals with OCD.*
- Bridie Stewart (2017): *The power of many: Exploring recovery-oriented mental health support groups through a social identity lens.*
- Hayley Fung (2016): *Current state of eating disorder treatment in Australia: What is available and what do people typically receive?*
- Rebecca Norwood (2016): *An exploration of social and psychological predictors of adherence to restrictive diets.*
- Nicole Fox (2013): *Social identity and eating disorders in young women: The understated role of the group.*
- Carly Leverington (2013): *Examining the effects of fat talk on thin-ideal internalisation, body dissatisfaction, and friendships. Is there a role for social norms?*

Masters of Social and Health Psychology, Maastrich University:

- Taraneh Motakef (2016); *Groups 4 Health: The development of social identification in group therapy.*

Honours, Bachelor of Psychological Science, UQ:

- Joanne Rathbone (2017): *What's the risk? How shared group membership impacts evaluations of trust and perceptions of risk among college students*
- Kirsten Axford (2016): *Social identity approach to contagion risk: Expanding the behavioural immune system.*
- Nicholas Croft (2015): *The effect of social identity on perceptions of contagion risk.*
- Margarita Weekes (2015): *Does social risk taking facilitate perceived affiliation?*
- Nurul Praherso (2014): *Losing ground: Changes in social identification during stressful life transitions predict depression.*
- Chelsea Geary (2014): *How health professionals approach treatment of depression: The influence of causal beliefs.*
- Elise Newell (2014): *Does 'why' matter? The effects of causal attributions for depression on outcome expectancies and genetic essentialist beliefs.*
- Erica South (2013): *When failure is not so bad: How social identity can lead to more positive attributions and reduce negative mood.* Nominated for the McBride Prize in Social Psychology.

Current supervision (ongoing)

Doctor of Philosophy, UQ:

- Joanne Rathbone: *Weight stigma among health professionals: A social identity approach* (principal advisor).
- Magen Seymour-Smith: *Beating the baby blues: How social identity and connectedness can assist mothers with postnatal depression* (principal advisor).
- Alicia Carter: *A compassion-focused approach to dealing with body weight shame* (associate advisor).
- Polly Fong: *Space, social identity, and ageing well* (associate advisor).
- Nikole Kwok: *An analysis of social identity change and identity losses in vulnerable populations* (associate advisor).

Masters of Psychology, UQ:

- Erica South: *Couples as teams: Understanding relationship satisfaction from a social identity perspective.*

Psychological Practice

- 2012 – 2017 **Clinical Psychologist** in Private Practice in St Lucia, Brisbane. In this part-time role I maintain a caseload of 5-10 clients and offer affordable evidence-based psychological services for children, adolescents, and adults under Medicare. My areas of expertise in clinical practice include formal psychoeducational assessment, mood and anxiety disorders, developmental disorders, and learning disorders.
- 2011 – 2012 **Psychologist** at Optimal Health and Performance Pty Ltd, Canberra. In this role I provided evidence-based assessment and intervention under Medicare to children, adolescents, and their families for concerns such as autism spectrum disorders, attention and memory problems, and sleep disturbance.
- 2010 – 2011 **Provisional Psychologist** at three sites in Canberra: Optimal Health and Performance, Pty Ltd, PPC Worldwide, and the ANU Psychology Clinic. These roles offered experience in a range of clinical settings. I am experienced in providing evidence-based assessment and intervention for a range of concerns including (but not limited to): depression, anxiety, pain management, trauma, workplace disputes, relationship breakdown, and substance abuse. These positions also required professionalism in managing the administrative needs of each organisation as well as collaborating with diverse multidisciplinary teams.

Service and Engagement

- 2017 **Keynote speaker** at “Verge Day Out”, a Brisbane Secondary School Event facilitating over 1000 high school students to develop innovative solutions to close the gap for society’s marginalised groups.
- 2015 – 2016 **Deputy Director of the Master of Psychology** Program at UQ. This role included responsibilities such as interviewing and selection and coordinating staff and students. I led a major curriculum review in 2016 that led to the consolidation of postgraduate teaching and the introduction of two new postgraduate programs, the Graduate Diploma of Psychological Practice (an accredited bridging program leading to endorsement in a second specialty area) and a new major in the Master of Psychology (Clinical Neuropsychology).
- 2016 **Guest editor** of special issue of *European Journal of Social Psychology* entitled “Social identities as social cures: Advancing a social identity approach to health and wellbeing”.
- 2016 **Guest editor** of special issue of *Addictive Behaviour Reports* entitled “Social identity in addictive behaviours”.
- 2016 Member of the **organising and program committees** for the 3rd *International Conference on Social Identity and Health (ICSIH-3)*, hosted in Brisbane, Australia.
- 2015 - 2017 Invited **Editorial Board Member** for the academic peer-reviewed *Journal of Community and Applied Social Psychology*.
- 2012 – ongoing Provided invited peer-review for 28 academic journals:
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| <i>Ageing and Society</i> | <i>German Journal of Human Management</i> |
| <i>Addictive Behaviours Reports</i> | <i>Group Processes and Intergroup Relations</i> |
| <i>American Journal of Preventative Medicine</i> | <i>Health Psychology</i> |
| <i>Appetite</i> | <i>International Journal of Aging and Human Development</i> |
| <i>Behavioural Brain Research</i> | <i>Journal of Community and Applied Social Psychology</i> |
| <i>Behaviour Research and Therapy</i> | <i>Journal of Experimental Psychology – Applied</i> |
| <i>Biological Psychology</i> | <i>Journal of Experimental Social Psychology</i> |
| <i>BMJ Open</i> | <i>Journal of Social and Personal Relationships</i> |
| <i>British Journal of Developmental Psychology</i> | <i>Personality and Social Psychology Review</i> |
| <i>British Journal Clinical Psychology</i> | <i>PLOS One</i> |
| <i>British Journal of Social Psychology</i> | <i>Psychiatry Research</i> |
| <i>Cognition and Emotion</i> | <i>Psychology and Health</i> |
| <i>European Journal of Social Psychology</i> | <i>Social Psychology and Personality Compass</i> |
| <i>Frontiers in Psychology</i> | <i>Social Science and Medicine</i> |
- 2010 - 2017 12 media releases on my research on diverse topics including retirement, depression, poverty, and eating behaviour. My research has received coverage nationally and internationally, including on the New York Times, The Times (UK), Huffington Post, ABC Radio, Seven TV, Sydney Morning Herald, and Quartz Magazine.
- 2015 Member of the Research Higher Degree Committee in the School of Psychology, UQ. In this role I was responsible for chairing PhD and MPhil student milestones, including confirmation presentations, mid-candidature reviews, and thesis reviews.
- 2012 Coordinator of “GroupThink,” the ANU social psychology research laboratory.

Keynotes, Invited Seminars and Conference Presentations

Upcoming

- **Invited keynote** at the 2018 *International Conference on Social Identity and Health*. Lausanne, Switzerland (Upcoming 2018).
- **Invited keynote** at the 2018 *Eating Disorder Research Society (EDRS) International Conference*. Sydney, Australia (Upcoming 2018).
- **Invited address** at the 2018 *Australian Psychological Society (APS) Annual Congress* as the recipient of the APS Early Career Research Award. Sydney, Australia (Upcoming 2018).

2017

- **Invited school seminar** at the *University of Otago*. Dunedin, New Zealand (November, 2017). Harnessing social identity to improve mental health in vulnerable populations.
- **Invited school seminar** at the *University of Auckland*. Auckland, New Zealand (October, 2017). Harnessing social identity to improve mental health in vulnerable populations.
- Presentation at the *European Association of Social Psychology*. Granada, Spain (July, 2017). Social identity as a mechanism of action in group psychotherapy.
- Presentation at the *International Conference on Social Identity in Sport*. Leuven, Belgium (July, 2017). The Situated Identity Enactment Model: How physical activity and exercise are shaped by social identity, social norms, and social context.
- **Invited school seminar** at *The Australian National University*. Canberra, Australia (April, 2017). Harnessing social identity to improve mental health in vulnerable populations.
- **Symposium chair** at the *Society for Australasian Social Psychology*, Melbourne, Australia. (April, 2017). Social identity in practice.
- Presentation at the *Society for Australasian Social Psychology*, Melbourne, Australia. (April, 2017). Predictors of social identification in group psychotherapy.

2016

- Presentation at the *International Congress on Behavioural Medicine*. Melbourne, Australia (December, 2016). Group interventions facilitate normative change: Investigating the mechanism of action in eating disorder prevention groups.
- **Invited address** at the *Causes of Language Change Symposium*. Sydney, Australia (November, 2016). The psychology of social influence.
- Presentation at the *World Congress of Behavioural and Cognitive Therapies (WCBCT)*. Melbourne, Australia (June, 2016). Harnessing social influence to prevent the development of eating disorders.
- Presentation at the 3rd *International Conference of Social Identity and Health*. Brisbane, Australia (June, 2016). Using Social Identity Mapping to present subjective group memberships.
- Presentation at the *European Association of Social Psychology Small group meeting on Solidarity*. Brighton, England (May, 2016). "I trust you to catch me": Risk taking signals and facilitates the development of shared group membership.
- **Invited school seminar** at the *University of Liverpool*. Liverpool, England (May, 2016). Using social identity to improve mental health in vulnerable populations.
- **Invited professional development workshop at Nottingham Trent University. Nottingham, England (May, 2016). Groups 4 Health Half-Day Training Workshop.**
- **Invited school seminar** at the *University of Edinburgh*. Edinburgh, Scotland (April, 2016). When and why social influence shapes eating behaviour.
- Presentation at the *Society for Australasian Social Psychology*. Brisbane, Australia. (April, 2016). When are life stressors actually stressful? Stress and wellbeing are outcomes of social identity transition.
- **Invited address** at the 2nd *Annual Australian Eating Symposium*. Sydney, Australia. (February, 2016). Social influence and eating: A review of predictors and mechanisms.
- **Invited teacher** at the biannual six-day *Society for Australasian Social Psychology Summer School*. Warrnambool, Australia (February, 2016). Social Psychology for Society: Working with social identity in clinical, organisational and educational settings.

2015

- **Invited professional development seminar** for the *Association of Australian Cognitive Behavioural Therapists (AACBT)*. Brisbane, Australia (November, 2015). Putting the “social” back in the biopsychosocial model of mental health: New evidence for social interventions in clinical practice.
- Presentation at the 16th *International Mental Health Conference*. Gold Coast, Australia (August, 2015). Social identification and depression recovery: the curative benefits of group membership.
- **Invited school seminar** at the *University of Dundee*. Dundee, Scotland. (May, 2015). Delivering the social cure: Mechanisms, caveats and applications of social identity in depression treatment.
- **Invited professional development workshop** for the *Housing Association Charities Trust*. London, England. (April, 2015). Groups 4 Health: Two Day Masterclass.
- Presentation at the *Society for Australasian Social Psychology*, Newcastle, Australia. (April, 2015). “Broken is beautiful?” The implications of mental illness identity, stigma and norms for wellbeing.
- **Symposium chair** at the *Society for Australasian Social Psychology*, Newcastle, Australia (April, 2015). Stigma and discrimination.

2014

- **Symposium chair** at the *European Association for Social Psychology*. Amsterdam, The Netherlands (July, 2014). Social identity promotes recovery in vulnerable populations.
- Presentation at the *European Association for Social Psychology*. Amsterdam, The Netherlands (July, 2014). Social identification and depression recovery: the curative benefits of group membership.
- **Invited school seminar** at the *University of Exeter*. Exeter, England (July, 2014). Feeling connected again: Why social determinants of depression warrant further consideration.
- Presentation at the *International Conference on Social Identity and Health*. Ottawa, Canada (June, 2014). Social group memberships prevent depression relapse.
- **Invited address** at the *Canadian Institute for Advanced Research*. Ottawa, Canada (June, 2014). Social identity and depression: Delivering the social cure.
- Presentation at the *Society of Australasian Social Psychologists*. Canberra, Australia (April, 2014). Social Identity Mapping: Evidence for its usefulness in predicting health and helping behaviour.

2013

- **Invited address** at *Brisbane Symposium on Self and Identity*. Brisbane, Australia (May, 2013). Depression: Is social identity the missing ingredient?
- Presentation at the *Society of Australasian Social Psychologists*. Cairns, Australia (April, 2013). Social group memberships predict depression recovery, prevent depression relapse and protect against future depression.
- **Symposium chair** at the *Society of Australasian Social Psychologists*. Cairns, Australia (April, 2013). Improving wellbeing through social identity.
- Presentation at the *Australian Psychological Society Health Psychology Conference*. Cairns, Australia (April, 2013). Social group memberships predict depression recovery, prevent depression relapse and protect against future depression.

2012

- Presentation at the *ANU Spring Workshop*. Canberra, Australia (November, 2012). Pathways to inclusion: A longitudinal study of how Marginalised Australians move out of disadvantage.
- **Invited address** as a finalist for the Outstanding Postgraduate Award at the *Society of Australasian Social Psychologists*. Adelaide, Australia (April, 2012). “I’ll have what she’s having”: Social influence in disordered eating is moderated by shared psychological group membership.

2011

- Presentation at the *ANU Spring Workshop*. Canberra, Australia (November, 2011). How social identity shapes health behaviours: The case of disordered eating.
- Presentation at the *Australian Psychological Society Annual Conference*. Canberra, Australia (October, 2011). Shared group membership enhances social influence in eating behaviour.

- Presentation at the *European Association of Social Psychologists*. Stockholm, Sweden (July, 2011). Women get the health message, but not from men: A self-categorisation analysis of eating behaviour.
- Presentation at the *Society of Australasian Social Psychologists*. Sydney, Australia (April, 2011). Why group processes matter in eating behaviour.

2010

- Presentation at the *ANU Spring Workshop*. Canberra, Australia (December, 2010). Why social processes? The problem with an individual difference approach to learning.

2009

- Presentation at the *Society of Australasian Social Psychologists*. Melbourne, Australia (April, 2009). Not really one of 'us': Essentialist rhetoric affects the inclusion of marginal group members.
- **Invited poster** as an APS Honours Prize Award Winner at the *Australian Psychological Society Annual Conference*. Darwin, Australia (September, 2009). Neither in nor out: The inclusion of marginal group members is influenced by essentialist rhetoric.